



# Boopogami Giizis

## April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		Willard Pine - TMHC		Gerrard Sagassige - THC Men's Night 6pm - 8pm	Gerrard Sagassige - THC	
7	8	9	10	11	12	13
	Nanda-Gikendan 6pm - 8pm	Willard Pine - TMHC Drum Social Group 6:30 PM - 9 PM	Grief Support Group Naniinawademo 5:30pm-8pm	BFA Aftercare 5:30pm-8pm		
14	15	16	17	18	19	20
	Nanda-Gikendan 6pm - 8pm	Willard Pine - TMHC Women's Night: Drum Circle 6pm - 8pm		Men's Night 6pm-8pm		Gerrard Sagassige - THC
21	22	23	24	25	26	27
Gerrard Sagassige - THC	Nanda-Gikendan 6pm - 8pm	Willard Pine - TMHC Drum Social Group 6:30 PM - 9 PM	Patricia Toulouse - THC Lunch & Learn 12PM - 1PM	BFA Aftercare 5:30pm-8pm		
28	29	30				
	Nanda-Gikendan 6pm - 8pm	Women's Night: Drum Circle 6pm - 8pm				

Intake Worker - Laurie Souliere (705)946-5710 ext. 228  
 Program Support Worker - Terry Williston (705)946-5710 ext. 212  
 Administrative Assistant - Trinity Neshawabin (705)946-5710 ext. 222



Thurs April 11th  
Thurs April 25th  
5:30-8pm

SUPPER PROVIDED

# Beauty From Ashes

**AFTERCARE WELLNESS CIRCLE**

This program is for past participants of the  
Beauty From Ashes Program

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**NOW HAPPENING TWO TIMES A MONTH IN PERSON  
AT THE DAN PINE HEALING LODGE  
ZOOM LINK CAN BE PROVIDED IF NEEDED**

200 Anishnawbe Point Rd.  
Contact 705-946-5710 ext. 228  
or email [dphlinfo@grhc.ca](mailto:dphlinfo@grhc.ca) to register



**GARDEN RIVER  
WELLNESS CENTRE**

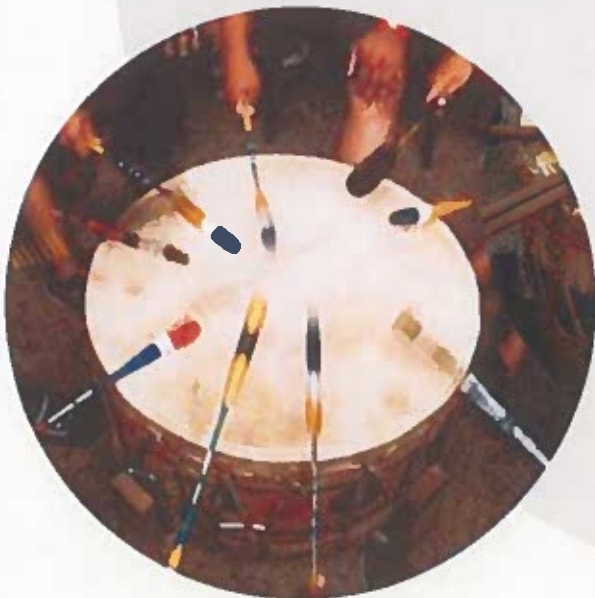




# Drum Night

Drumming & singing lead & taught  
by experienced singers

Tuesday  
April 9th  
&  
April 23rd  
6:30pm-9pm



LEARN TO DRUM, LEARN  
SONGS AND HOW TO SING  
FROM EXPERIENCED SINGERS

COME SOCIALIZE AND  
HAVE FUN

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WELLNESS CENTRE



TRADITIONAL HEALTH HEALER

# Gerrard Sagassige

Thurs April 4th  
Fri April 5th  
Sat April 20th  
Sun April 21st

By Appointment Only

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200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT

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**GARDEN RIVER**  
WELLNESS CENTRE



# Naniinawademo

A WELLNESS CIRCLE DEDICATED TO GRIEF SUPPORT

Lead by Laurie Souliere

An open support group to  
Garden River First Nation,  
7 North Shore First Nation  
and other First Nation,  
Metis & Inuit

WEDNESDAY

APRIL 10th 2024  
5:30PM - 8:00PM

TOPIC TBD

## FEATURES:

Variety of topics • Guest SPeakers • Cultural Teachings •  
Therapeutic exercises • Creative arts • Mindful practices & More

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PRE-REGISTER FOR SUPPER



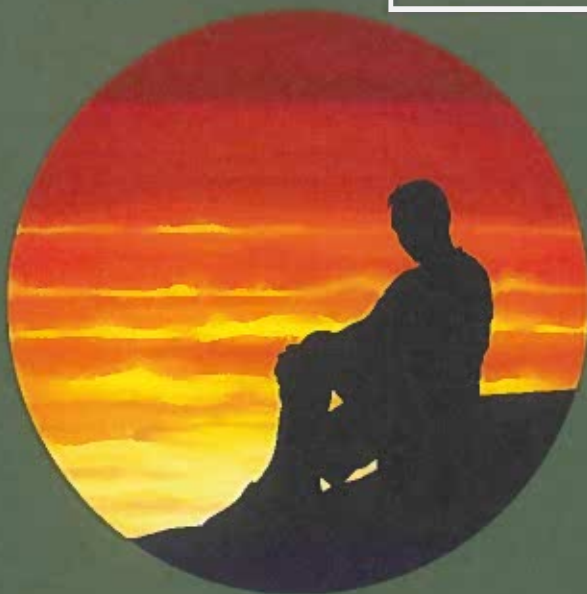
GARDEN RIVER  
WELLNESS CENTRE





# Men's Night

Thursday April 4th  
With Gerrard  
Sagassige  
&  
Thursday April 18th  
with Terry Williston  
6PM-8PM



AN EVENING OF TRADITIONAL MEN'S TEACHINGS,  
TOPICS AND ACTIVITIES CONCLUDING WITH  
A WARM MEAL

Join us at Dan Pine Healing Lodge, where the spirit of learning and  
connection comes alive!



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WELLNESS CENTRE

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TRADITIONAL SKILL BUILDING

# Nanda-Gikendan

Mondays  
6-8pm

April 8th - Strawberry Teachings & Strawberry Beaded Medicine Pillow with Logan Perreault

April 15th - Safety Pin Headdress Kits

April 22nd - Medicine Pouches with Terry Williston

April 29th - Paint Night with Cynthia McCutcheon

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Join us at Dan Pine Healing Lodge, where the spirit of learning and connection comes alive!

Whether you are an expert or beginner, immerse yourself in hands-on workshops where you'll make master skills like beading, sewing, weaving & many more!



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TRADITIONAL HEALTH HEALER

# Patricia Toulouse

**WEDNESDAY**  
**APRIL 24TH**

**LUNCH &  
LEARN**  
**12PM-1PM**

By Appointment Only

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**WELLNESS CENTRE**







# Women's Night: Drum Circle

TUESDAY  
APRIL 16th  
&  
APRIL 30th  
6PM-8PM



COME SOCIALIZE, HAVE  
FUN AND LEARN SONGS

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By Dan Pine Healing Lodge

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WELLNESS CENTRE



TRADITIONAL HEALTH HEALER

# Willard Pine

Tuesday

APRIL  
2ND, 9TH,  
16TH, 23RD

By Appointment Only

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